



# Parent/Athlete Participation Contract

Athletic participation assists in promoting the importance of teamwork, effort, goal setting, and commitment. Athletics can be highly competitive, but winning is not the primary measure of success. Sportsmanship, respect for participants, and dignity in the face of adversity are more important than the outcome of the contest. All athletes do not perform at the same level, but all can demonstrate effort, dedication, and fair play. An athlete's character development far outweighs his or her athletic accomplishments.

## **Sportsmanship:**

An important mission is to teach and reinforce values relating to sportsmanship, competition, and fair play. It is expected that athletes demonstrate a magnanimous attitude and principled behavior.

## **Participation Expectations – Parents:**

Supporting your student in their athletic activities is an exciting part of being a parent. As models of adult behavior, we ask the following of our parents will:

1. Exhibit responsible, respectful, and thoughtful behavior to all players, coaches, officials and other fans including all members of the other school and team.
2. Recognize that decisions regarding the team are at the discretion of the coaches. Therefore, parents agree to respect these decisions. Parents agree to discuss any concerns or issues with the coaches in private and at the appropriate time (not before, during, or after a match) and place so that adequate attention can be given to the matter.
3. Utilize the chain of command when addressing concerns contacting the coach first, the athletic director next, then the principal in seeking resolution to any issue.
4. Respect all decisions made by match directors.
5. Display good sportsmanship at all times.
6. Read all program emails and respond, when necessary, in a timely manner.

Parents can be the greatest support to their athletes or a source of discouragement.

The Positive Coaching Alliance makes the following recommendations for parents in encouraging their athlete in all sports:

1. Encourage proper rest, nutrition, and hydration.
2. Do not Coach Your Child – Let the coaches, coach.
3. Do not analyze your athlete's performance in the car ride home from practice or a match.
4. Focus on Life Lessons when it is appropriate for you to talk to your child.

Student Name: \_\_\_\_\_ Sport: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_